



School of Medicine  
Ysgol Meddygaeth



**CARER**

Community and Rural  
Education Route

# WHAT IS CARER?

The CARER programme is a placement year in a rural or small town community, with more time to get to know your patients and colleagues, and to understand their needs.

CARER students are currently based around the university towns of **Aberystwyth and Bangor.**

During this year long placement (referred to as a 'Longitudinal Integrated Clerkship' or 'LIC') you will work towards the same learning outcomes from the same innovative curriculum as your peers on the C21 pathway, under the guidance of a small dedicated team of experts.

Educational institutions from around the world have been running LIC programmes similar to our CARER pathway for over 15 years.

There is increasing evidence for their effectiveness in preparing you for your future career, no matter which area of Medicine you finally choose to pursue.

**You have the chance to be part of the CARER programme**

The parallel consulting, seeing patients independently and then reporting back to clinicians, ensures active participation which develops and reinforces diagnostic thinking at a much greater rate. You will benefit from working within well-developed, fully functioning medical teams.

*"A great opportunity to discover other parts of Wales and immerse yourself in the culture and community and I'm really glad I took this route. It helped build my confidence in my clinical abilities."*

Linnet Mensuoh - Medical student



## PROGRAMME BENEFITS

You will acquire an enhanced understanding of patient-centredness, the importance of the life perspective, family dynamics and social contexts of patients' presentations. You will gain well-developed communication skills and demonstrate understanding of the psychosocial contributions to medicine. Students undertaking LICs also report more preparedness in higher-order clinical and cognitive skills.

- **Smaller group** learning with the same educational supervisor for the year
- **Continuity** of being based in the same location for a whole year; no moving around every few weeks
- **Experience life in a semi-rural area** both as a member of the community and as a healthcare provider
- Build working relationships with patients, fellow students and healthcare professionals.



# ABERYSTWYTH



## Your next chapter

is set in a stunning location on the west coast of mid-Wales, nestled between the Cambrian Mountains and Cardigan Bay.

You can enjoy living within a peaceful, beautiful environment between the mountains and sea, within a town that is a busy, thriving cosmopolitan student hub.

Aberystwyth is a lively, vibrant university town and a home-from-home to 9,000 students.



# BANGOR

## Your adventure starts here

The Snowdonia National Park's 25 miles of mountains, lakes and rivers offer plenty of opportunities for you to enjoy the great outdoors.

All this on your doorstep adds a different dimension to student life, as well as easy access to cities such as Liverpool, Manchester and Dublin.

*"Situated between the Snowdonia Mountains and the Menai Strait, Bangor University is undoubtedly one of the most attractive places to study in Britain."*

*Sunday Times University Guide*

# INTERESTED?

Please get in touch

There are a limited number of places available on this unique programme. You can apply to take part with friends and give a preference on University, however we cannot guarantee you will be placed in your first choice.

The CARER team will arrange meetings and potentially a pre-visit to Bangor/Aberystwyth to allow you to get to know each other and the local environment.

**If you have any questions or would like to register your interest please email us:**



UGMedCARER@Cardiff.ac.uk

**See why Aberystwyth is the location for you**

[www.aber.ac.uk/en/why-aber/location](http://www.aber.ac.uk/en/why-aber/location)

**See why Bangor is the location for you**

[www.bangor.ac.uk/virtual-experience](http://www.bangor.ac.uk/virtual-experience)

